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M Partner 2019 Summer Intern Profiles

Laura Martin

University of Mississippi

Albert Nylander

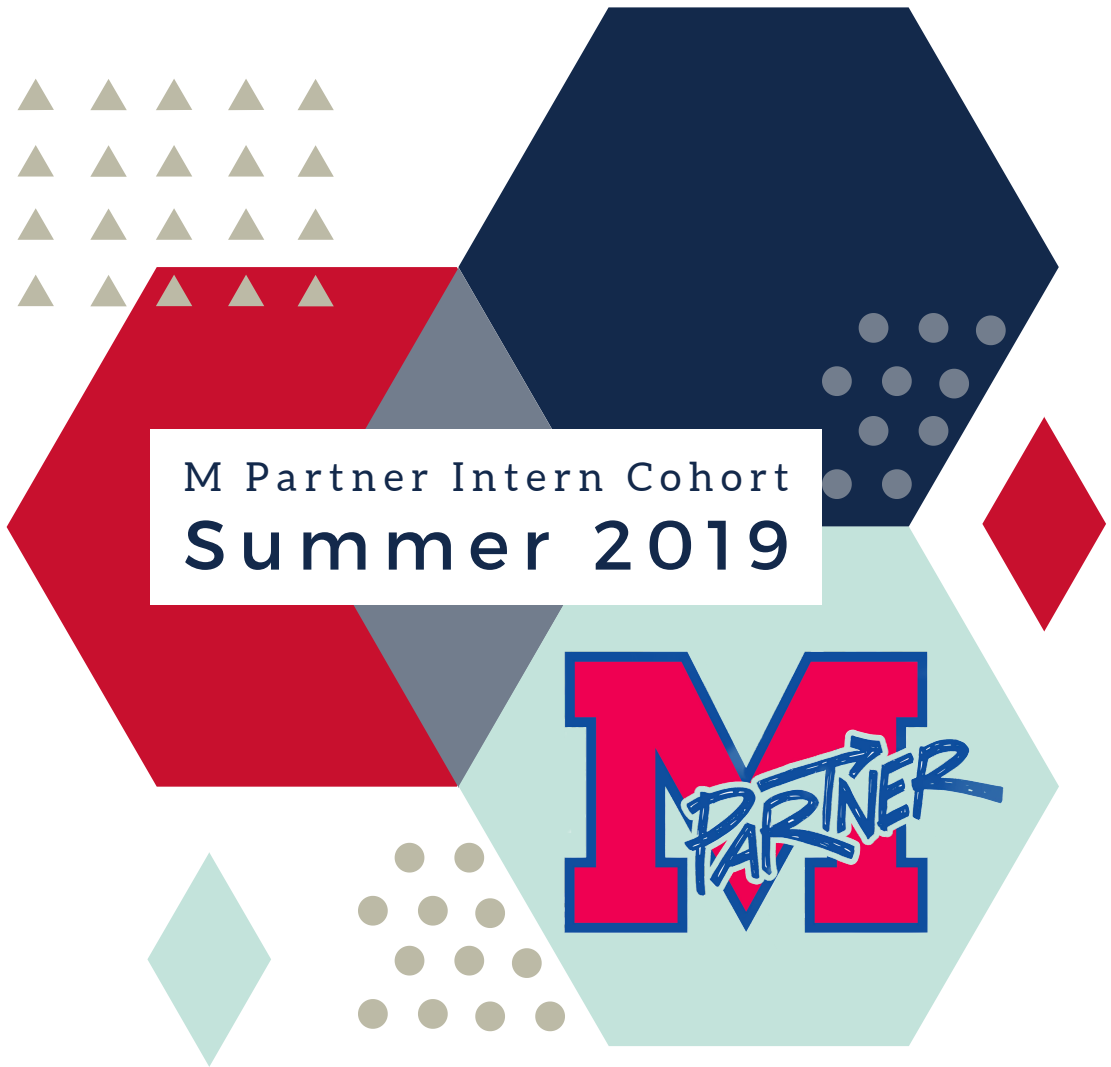
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Recommended Citation

Martin, Laura and Nylander, Albert, "M Partner 2019 Summer Intern Profiles" (2019). *M Partner*. 1.
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M Partner Intern Cohort
Summer 2019

M
PARTNER



THE UNIVERSITY *of*
MISSISSIPPI
MCLEAN INSTITUTE FOR PUBLIC SERVICE
AND COMMUNITY ENGAGEMENT



2019 Summer Interns Roster

Charleston

Evi Addoh
Nala Crumb
Navodit Paudel
Gabriela Wells

Lexington

Kymerle Gordon
Curtis Hill

New Albany

Josh Baker
Breonna Grant
Astha Kandel
Ysabella St. Amant
Douglas Weimer



Charleston, Mississippi

Health promotion, marketing, &
beautification





Evi Addoh

Health Promotion and Diabetes Education

As a second-year master's student of Health Promotion at the University of Mississippi and a native of Delta State, Nigeria, Evi attained a Bachelor of Dental Surgery degree at The University of Port Harcourt, Nigeria. During her undergraduate career, she was involved in organizing health outreach events, which stimulated her interest in the health promotion field.

Following her internship with M Partner, Evi will be continuing her education in health promotion at the PhD level. She hopes to be involved in academia and to make profound contributions to the health promotion field through research and community engagement.

The James C. Kennedy Wellness Center in Charleston, MS is working to improve health status by engaging young people to prevent diabetes and obesity. The Wellness Center wanted to enhance primary data collection efforts on diabetes and obesity among youth.

Evi contributed to the the Wellness Center's efforts through assisting with health program planning, social media health content development, data management, and publications for the center.

In addition, Evi worked with the city to discuss the implementation of policies for improved health. She assisted with organizing a diabetes education event, presented on Oral Health and Diabetes, and collected data for the Wellness Center. Evi said that she was thrilled to have worked as an M Partner intern because it "opened my eyes even more to the myriad ways that I can contribute to developing a culture of health."

A to Z of Diabetes

B: Blood Pressure

120
80
KNOW YOUR NUMBERS

M

A to Z of Diabetes

R: Risk factor prevention

FAMILY HISTORY, UNHEALTHY DIET, GETTING OLDER, TYPE 2 DIABETES, RISK FACTORS, BINGE EATING, PHYSICAL INACTIVITY, HIGH BLOOD PRESSURE

JAMES C. KENNEDY Wellness Center
1 Honeysuckle Drive
Charleston, Mississippi 38921
(662) 625-7214

Diabetes and High Blood Pressure

M

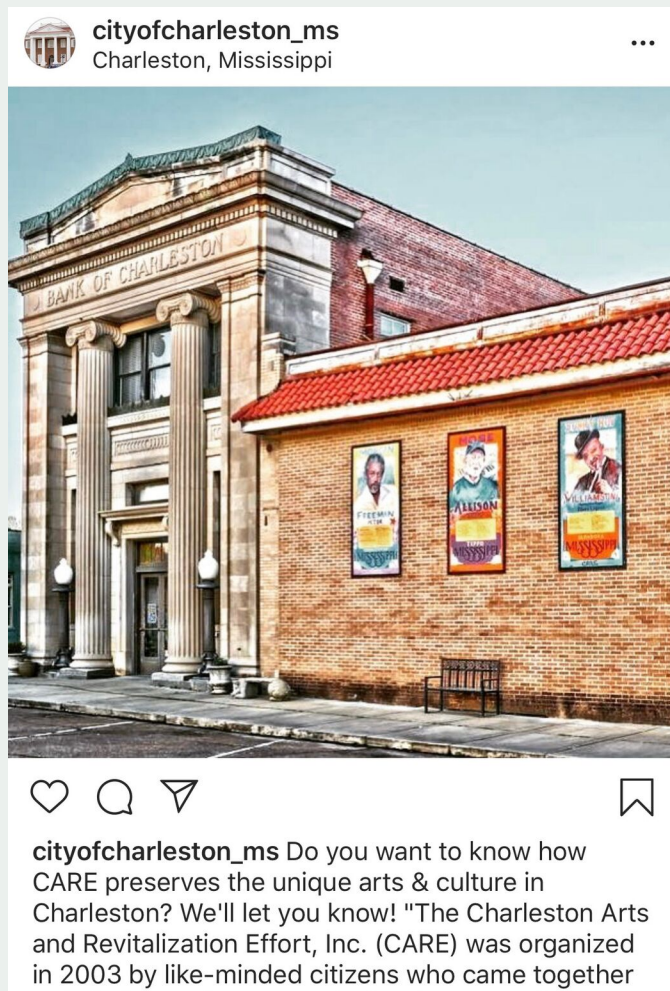
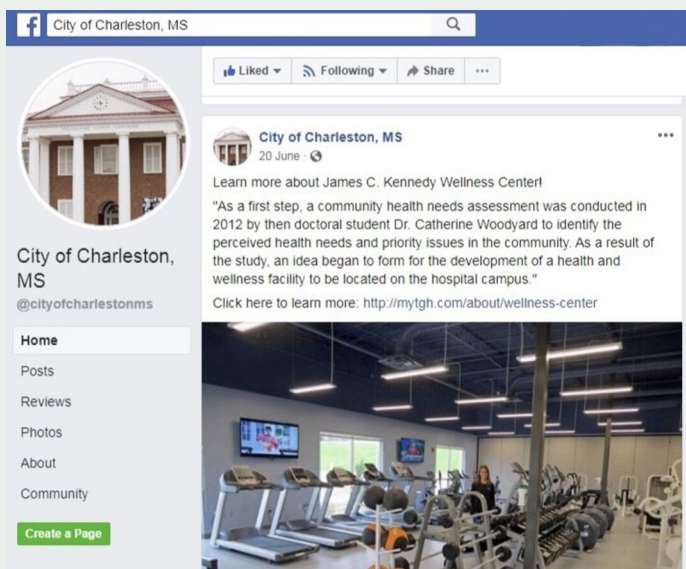


Navodit Paudel

Social Media and Website Creation

Navodit Paudel, a business major and an Innovation Scholar with the McLean Institute's Catalyzing Entrepreneurship and Economic Development initiative, worked with the Office of the Mayor in Charleston to create a website and social media accounts for the city.

The new social media outlets and website will allow the City of Charleston to keep citizens up to date on local happenings, and draw in visitors to the variety of events that Charleston hosts throughout the year, like the Gateway to the Delta Festival.





Gabriella Wells

Beautification on the Courthouse Square and Main Street

Gabriella Wells is a senior at the University of Mississippi originally from Pascagoula, MS. Currently majoring in Public Policy Leadership with a double minor in Intelligence & Security Studies and African American Studies, she hopes to become a lawyer and work with underrepresented communities. Gabriela is the Co-Principal of Diversity and Inclusion within the Associated Student Body and Chairman of Outreach within the Trent Lott Advisory Board.



Gabriella and Nala worked closely with Charleston Mayor Sedrick Smith and Charleston Main Street Association Director Norma Platt to assist with beautification projects on the Courthouse Square and Main Street.

The duo helped coordinate the painting of several storefronts and facades on Main Street and the Courthouse Square and secured donations of high quality paint and brushes from Sherwin-Williams and Lowe's to help with this process.

Gabriella and Nala also helped coordinate a day of service in Charleston where 35 students in the Mississippi Excellence in Teaching Program painted 8 large planter boxes that will be placed around the courthouse square and Main Street.



Nala Crumb

Beautification on the Courthouse Square and Main Street

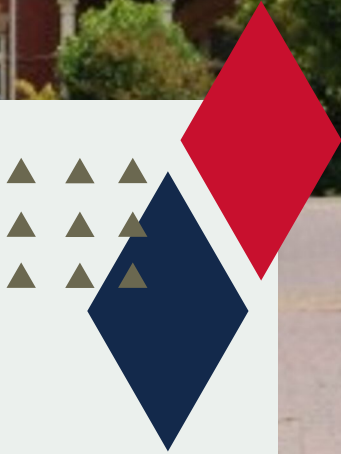
Nala Crumb was born and raised in Tunica, MS. She is a senior at the University of Mississippi and a psychology major who is hoping to become a fluent French speaker. She plans to further her education beyond graduate school and pursue her career as a Marriage and Family Counselor.





Lexington, Mississippi

Health promotion &
youth engagement





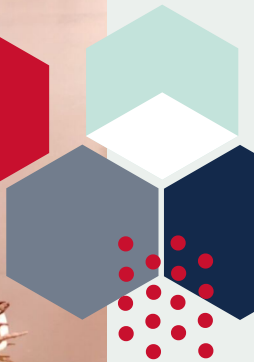
Kymberle Gordon

Health Promotion and Diabetes Education

Kymberle is a third year PhD student studying nutrition at the University of Mississippi. This summer, she worked alongside Lexington Mayor Robin McCrory, Paige Lawrence, Assistant Administrator and Chief Nursing Officer of UMMC Holmes County, and former extension agent Algenia Adams to promote the farmers market in Lexington.

Kym worked with the Lexington Farmers Market Improvement Initiative and developed surveys for the farmers, interviewed growers and customers of the market, and conducted produce assessments.

Through her research, Kym determined that the Lexington Farmers Market could be improved and sustained by increasing communication with community market vendors, getting more vendors to come to the market, and encouraging more patrons to the market through effective social media outreach to Lexington and surrounding communities.





Curtis Hill

Resume and Career Building Workshops with Youth

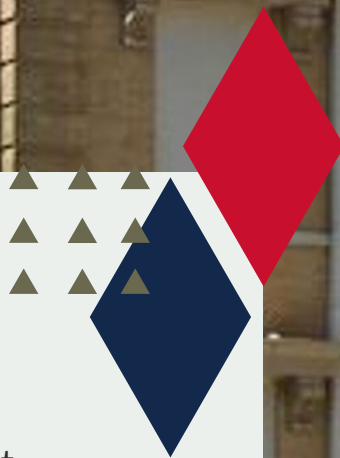
Curtis Hill, a Lexington native, is an English major and an Innovation Scholar with the McLean Institute's Catalyzing Entrepreneurship and Economic Development initiative. This summer, he developed and facilitated several resume and career building workshops with local youth at the Community Student Learning Center and the Nollie Jenkins Family Center.

Over the course of the summer, Curtis planned and delivered several workshops that engaged dozens of local middle and high school students. Through the workshops, the youth were encouraged to consider how their skills and passions align in different career areas. Curtis's resume building workshop included mock interviews and career building tips that will help the young people who attended be more confident in their future interview for jobs and colleges.





New Albany, Mississippi



Leadership, youth engagement,
beautification, & economic development



Josh Baker

Civic Engagement Program Framework for Young Professionals

Josh Baker, an undergraduate student majoring in economics and an Innovation Scholar with the McLean Institute's Catalyzing Entrepreneurship and Economic Development initiative, developed a framework for a civic engagement program for local professionals called Leadership New Albany.

Leadership New Albany was modeled after the very successful Leadership Lafayette program. Leadership New Albany will engage local 25-40 year olds in community engagement efforts in New Albany. The main aspect of the program is a group civic engagement project. Projects will connect with local entities and add value to the community. Over the course of the 6 month long program, Leadership New Albany participants will foster many relationships and connections in their community through the activities of their monthly meetings. These activities include professional development workshops, guest speakers, and community tours. The main purpose of the Leadership New Albany program is to get local professionals plugged into civic engagement efforts and help foster a greater sense of investment in their community.





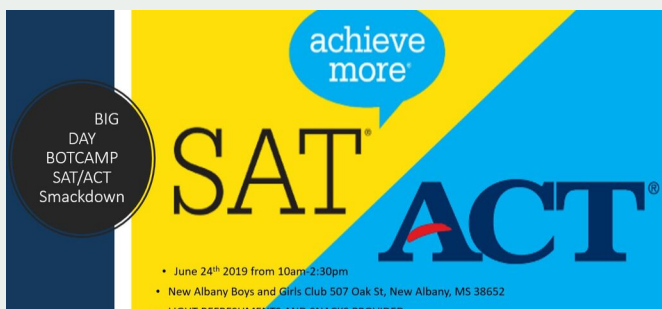
Breonna Grant

College Readiness and Civic Engagement with Local Youth

Breonna is a second-year student at the University of Mississippi School of Law where she focuses on public interest law and litigation. Upon graduation, Breonna intends to return to her hometown of Miami, Florida and serve as an impact litigator providing legal access to underserved persons.

Breonna supported as a community revitalization projects in New Albany, Mississippi where she partnered with the New Albany Main Street Association and New Albany Boys and Girls Club. She coordinated a financial literacy symposium with local banks that addressed the importance of budgeting and money management. Breonna also developed and led an SAT/ACT boot camp that prepared students for college entrance exams.

Breonna also helped facilitate a youth input session for the City of New Albany's Comprehensive Planning Process. This work session invited youth to envision how they would like their community to look in the future, and to make recommendations to convert that vision to reality.





Astha Kandel

Beautification and Youth Engagement

Astha Kandel, originally from Palpa, Nepal, is a junior at the University of Mississippi double majoring in Banking & Finance and Managerial Finance. This summer, she worked as an M Partner intern in New Albany, Mississippi pursuing beautification initiatives. She researched beautification campaigns and conducted surveys about community attitudes.

Kandel worked with New Albany's Team Up to Clean Up initiative and drafted a lesson plan on anti-littering and recycling that will be incorporated in New Albany's school curriculum. She also coordinated with the New Albany Boys and Girls Club to organize a clean up day.



Ysabella St. Amant

Expansion of the Biscuits and Jam Farmers Market

Bella St. Amant is a rising senior from Baton Rouge, Louisiana pursuing degrees in International Studies and Spanish. She is a member of Sally McDonnell Barksdale Honors College and the Croft Institute for International Studies. She served as a congressional intern on Capitol Hill for the sixth district of Louisiana, and currently volunteers with the Community English as a Second Language program on campus to teach English to speakers of other languages.



Bella worked with the Biscuits and Jam Farmers Market in New Albany to evaluate the market and provide recommendations for its expansion. She also implemented social media management initiatives to advertise the Biscuits & Jam Farmers Market to a wider North Mississippi audience and searched for grant opportunities to help the farmers market grow.





Douglas Weimer

Community and Economic Development

Douglas Weimer is a rising senior from Bluefield, Virginia. He is pursuing a Bachelor of Arts in Public Policy and Leadership with minors in History and Southern Studies.

Doug supported community and economic development initiatives in New Albany through the Three Rivers Planning and Development District. He collected and analyzed data, updated presentations, and was trained to use different database platforms (like JobsEQ and GIS). Doug's work supported business development in New Albany and contributed to the mission of the Three Rivers Planning and Development District, which is to help facilitate community planning and promote economic and community development.



**THREE
RIVERS**
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PROMOTING ECONOMIC &
COMMUNITY DEVELOPMENT



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MCLEAN INSTITUTE FOR PUBLIC SERVICE
AND COMMUNITY ENGAGEMENT