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# By Water, Fire, and Air

I. Into the Waves

- 28 March 1941, River Ouse, Virginia Woolf commits suicide

One stone, two, three, and more to weigh down the pockets match the burden of my body-yet each brings relief, lifts guilt from my frame as cool, wet, roundness calms my fingers, curving around their promise.

One war simmers behind me and no words are enough to ward off a second.

Leonard, I must go where no voices ring my ears and I can empty my head with the void of water.

I need a slippery place where no bomb makes a noise, no lovers see the sky lowering its head as I sink from view, through water, to sandy bottom where no dead men can find me. Yalobusha Review

II. Through the Flames-10 March 1948, Asheville Hospital, NC, Zelda Fitzgerald dies

Though I am painting, giving color to Bible verse and meaning, I know these oranges and greys are not of my making.

Smoke filters in, wraps out through barred windows –Paris, New York swirl through soot mist, shrieks of hysterical dancers and drinkers crushing my ears.

Women all around me dance, arms in loose hair skirts wavering bare knees and I strain to hear music.

Then, from the corner, Scott beckons and I realize we will waltz again colors exploding around us tearing away this drab world to give back open spaces and the searing heat of release.

III. In the Oven
-11 February 1963, London, Sylvia Plath commits suicide

Only thirty and already weighted with one philandering husband who blooms in other women's arms while my two children nurse on no confidence.

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#### Yalobusha Review

My flat is empty of grownup voices, tea whistles for one, dirty dishes clank in the sink.

But the gasman is calling from the street and I hear salvation in his tones.

Yes, we need some.

I will show him the way, as he has shown me mine, take the dark quiet of my kitchen, my little space where I am left to shrink to domesticsize, mother/wife body wrenched to a head bristling with words.

Here I kneel, head bowed to leave, one breath, two, three and more.