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11-28-1994

Inside AICPA, November 28, 1994

American Institute of Certified Public Accountants (AICPA)

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November 28, 1994

**Staff
Anniversaries**

Congratulations to the following staff members who last week celebrated various anniversaries with the Institute:

		Anniversary
Mildred Felton	Distribution Services	25th
Joan Clements	Programming & Systems	11th
Rudolph Jones	Distribution Services	11th
Carol Ferguson	Tax Division	10th
Ingrid Anderson	Production & Editorial Services	7th
Doris LeMaire	Meetings & Travel	7th
Hector Torres	Data Processing Operations	7th
Joel Koppelman	Examinations	6th
Patty Mulligan	Member Life, Health & Pension Programs	6th
Valrie Mason	Electronic Imaging	5th
Elaine Rosenthal	Office Facilities	5th

**Please
Welcome**

Melanie H. Donenfeld - Technical Manager - Professional Ethics. Melanie joins us from KPMG Peat Marwick where she worked as a Course Manager.

Nelson T. Stephens - Supply Clerk - Office Facilities. Before joining us, Nelson worked for Liz Claiborne in the Packing Department.

Promotion

In Circulation, Zeata Subrian was promoted from Senior Control Clerk to Documentation/Control Clerk.

Congratulations and much success in your new position!

**BJ's
Shopping
Pass**

From fresh meat and produce to toys, tools, sporting goods, fashions, housewares, decorations and gift wrap, you can put it all together in one trip to BJ's Wholesale Club. You can save up to 26% off conventional supermarket prices. Plus, BJ's accepts manufacturers' coupons!

Everyone may join! Annual membership is just \$30.00 and most people save that on their first visit. BJ's Wholesale Club has locations in New Jersey (the closest BJ's to Harborside is located at 396-420 Luis Munoz Marin Blvd.), New York and Maryland, plus a number of other states.

Now available are one day shopping passes to visit BJ's Wholesale Club. Anyone interested may pick up a shopping pass in Human Resources - New Jersey or call Kimberley Hines at ext. 3350 to have one sent through inter-office mail.

Attendance

Due to the relocation of Printing Services, CPE Course Assembly and Distribution Services changes have been made in the processing of the attendance records. Please note the changes below. If you have any questions regarding time cards/sheets, vacation day accruals, absence requests, etc. please contact the person in charge of your cost center's attendance. The breakdown is as follows:

<u>Cost Center</u>	<u>Contact</u>	<u>Extension</u>
401-423	Kimberley Hines	3350
425-452	Jennifer Kurylka	3357
453-466	Anselmo Alamilla	3356
467-496	Christine Herbster	3351
NY Cost Centers*	Gaby Ulloa	6180

* Some cost centers are split between New York and Harborside, all New York employees should continue to submit attendance records to Gaby Ulloa in Human Resources - New York.

Cold Facts

The common cold - it afflicts people everywhere. Epidemics strike during winter in temperate latitudes and during the rainy season in the tropics.

Centuries ago, people noticed the seasonal pattern and concluded that colds resulted from being chilled, a misconception that is still common today.

It wasn't until the 1860's that Louis Pasteur showed that invisible germs could cause sickness. The common cold was then recognized as an infectious disease.

Cold viruses constantly pass back and forth to children in day-care centers and school. If a child brings the virus home, however, not everyone will get sick. Those who are in good health who have strong immune systems, and who are getting enough rest, may be fortunate enough to fight off the invaders.

Most health authorities state that the cold virus is picked up by direct contact with an object touched by a virus-laden hand. Some researchers disagree in part, saying that some virus is transmitted through the air. To keep caution in mind, however, wash your hands frequently. Always blow, cough, or sneeze into a tissue. Then throw the tissue away so others will not be contaminated.

In 1991, the *New England Journal of Medicine* reported a study showing that people under great stress were more likely to be infected with a cold. A professor at Carnegie Mellon University in Pittsburgh says this suggests that psychological stress somehow diminishes the body's ability to resist viral infection.

To prevent a cold, maintain basic good health: eat nutritious meals, get enough rest, and get a constructive outlook on problems that create stress. It wouldn't hurt to avoid people who already have a cold!